

What's on the menu?

HARRISON
food with thought

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

Oriental Noodles with Sweet Chilli
Baked Chicken Sausages with Braised Onions & Gravy served with Creamed Potatoes
Braised Carrots with Fine Green Beans
Fresh Fruit Salad

Indian Style Biryani
Chicken Kabsa
Sweetcorn with Garden Peas
Carrot & Orange Cake

Macaroni Cheese
Cajun Chicken served with Steamed Basmati Rice
Fresh Broccoli with Carrots
Cheese & Crackers

Pizza Margherita served with Tomato Sauce & Chips or New Potatoes
Fresh Salmon Fishcake served with Tomato Sauce & Chips or New Potatoes
Garden Peas / Baked Beans
Vanilla Ice Cream with Fresh Fruit Wednes

WEEK TWO

Vegetable Bolognese served with Pasta
Beef Bolognese served with Pasta
Braised Carrots with Garden Peas
Sultana Sponge served with Custard Sauce

Bean & Vegetable Chilli served with Steamed Basmati Rice
Spanish Style Chicken served with Steamed Basmati Rice
Fresh Vegetable Medley
Apple & Orange Wedges

Spanish Tortilla served with New Potatoes in Garlic & Herbs
Oriental Style Sweet Chilli Chicken served with Steamed Basmati Rice
Braised Savoy Cabbage with Sweetcorn
Citrus Shortbread

Falafel Patty served with Tomato Sauce & Chips or New Potatoes
Breaded Fish Fillet served with Tomato Sauce & Chips or New Potatoes
Garden Peas / Baked Beans
Frozen Yoghurt with Fresh Fruit Wedges

WEEK THREE

Carrot & Leek Sausages served with Seasoned Wedges
Chicken & Sweetcorn Pizza served with Seasoned Wedges
Baked Beans / Roasted Butternut Squash
Cheese & Crackers

Spinach & Potato Bake
Meatballs with Tomato & Herb Sauce served with Spaghetti
Fine Green Beans with Carrots
Fruit Flapjack

Linguine with Pesto & Cheddar Cheese
Steak Pie served with Seasoned Roast Potatoes & Gravy
Braised Cabbage with Roasted Carrots
Chocolate Sponge served with Chocolate Sauce

Cheddar Cheese & Potato Pinwheel served with Chips or New Potatoes
Battered Fish Fillet served with Tomato Sauce & Chips or New Potatoes
Garden Peas / Baked Beans
Flavoured Ice Cream with Fresh Fruit Wedges

Available daily: Salad Selection. Freshly Baked Wholemeal Bread. Fresh Organic Milk. Seasonal Fresh Fruit. Fruit Yoghurt or Smoothie



Look out for monthly featured ingredients.

